

Course Competencies Template - Form 112

GENERAL INFORMATION	
Name: Gutierrez Pete	Phone #: 305-237-4261
Course Prefix/Number: HSC 3131	Course Title: Client Education in Health Care
Number of Credits: 3	
Degree Type	\square B.A. \square B.S. $\times \square$ B.A.S \square A.A. \square A.S. \square A.A.S. \square C.C.C. \square A.T.C. \square V.C.C
Date Submitted/Revised: 4-16-2008	Effective Year/Term: Spring 2010
x□ New Course Competency □ Revised Course Competency	
Course to be designated as a General Education course (part of the 36 hours of A.A. Gen. Ed. coursework): \square Yes $x\square$ No	
The above course links to the following Learning Outcomes:	
x☐ Communication ☐ Numbers / Data X☐ Critical thinking X☐ Information Literacy x☐ Cultural / Global Perspective	x Social Responsibility x Ethical Issues X Computer / Technology Usage ☐ Aesthetic / Creative Activities ☐ Environmental Responsibility
Course Description (limit to 50 words or less, <u>must</u> correspond with course description on Form 102): This course focuses on the delivery of client specific health education. The student will learn to develop the attitudes, knowledge, and skills required for successful education of patients. The student will learn to assess curriculum, training objectives, and educational experiences, and serve in the best interest of educating the patient.	
Prerequisite(s): None	Co-Requisites:

Course Competencies: (for further instruction/guidelines go to: http://www.mdc.edu/asa/curriculum.asp)

Competency 1: The student will understand the heterogeneity of patients with respect to physiologic function, health status, belief systems, values, and personal preferences by:

- 1. Conducting needs assessment on (community, client, patient, etc.).
- 2. Describing the normal human aging, age-related changes in tissues, organs and physiologic function, and homeostasis.
- 3. Describing age-related changes in epidemiology of diseases, presentation of illnesses, and response to therapy, pharmacokinetics and pharmacodynamics.
- 4. Explaining the principles of biomedical ethics, including an understanding of decision-making capacity, competence, and autonomy.

Competency 2: The student will understand the needs of patients and negotiate goals of care with the patient and family taking into consideration both the individual's values and preferences by:

1. Selecting the appropriate type fitness, exercise, and rehabilitation as applied to specific health conditions.

- 2. Explaining nutritional needs of patients including recognition and treatment and management of multiple disease states.
- 3. Applying the appropriate health promotion and disease prevention strategies.
- 4. Explaining the risks and benefits of medical/surgical interventions, pre-operative evaluations and post-operative care.
- 5. Describing organization and financing of health care.
- 6. Explaining care at the end-of-life, including management of pain, dyspnea, and other symptoms.

Competency 3: The student will demonstrate the function and importance of a multidisciplinary approach to caring for patients by:

1. Completing a service learning activity as a health educator in a healthcare setting.